



# Cynnydd y Grŵp Gweithredu ar gyfer Strôc 2016-17

DR PHIL JONES, ARWEINYDD CLINIGOL CENEDLAETHOL DROS STRÔC



# Stroke Implementation Group progress 2016-17

DR PHIL JONES, NATIONAL CLINICAL LEAD FOR STROKE



# Y Llwybr Strôc

- ▶ Byw'n Dda - Gweithio'n agos â sefydliadau partner i gynorthwyo a hyrwyddo mentrau sy'n helpu pobl i ddeall eu ffyrdd o fyw, a'u helpu i fyw bywydau iach, hir.

# The Stroke Pathway

- ▶ Living Well - Working closely with partner organisations to support and promote initiatives that help people to understand their lifestyles and help them to live healthy and long lives.



# Blaenoriaethau 2016-17

- ▶ Ariannodd y Grŵp Gweithredu ar gyfer Strôc ymgyrch lwyddiannus yn y cyfryngau yng Nghwm Taf. Nod yr ymgyrch oedd addysgu'r boblogaeth leol am bwysigrwydd adnabod symptomau strôc a cheisio help meddygol ar frys, trwy hyrwyddo neges FAST. Gan ddefnyddio cyfres o fideos pwrpasol, targedig, a negeseuon sylfaenol a rhai â thâl, fe wnaeth y negeseuon gyrraedd 41% o boblogaeth y bwrdd iechyd trwy dudalennau cyfryngau cymdeithasol Bwrdd Iechyd Prifysgol Cwm Taf.





# Priorities 2016-17

- ▶ SIG funded a successful media campaign in Cwm Taf. The campaign aimed to educate the local population about the importance of recognising stroke symptoms and seeking medical help urgently through promotion of the FAST message. Using a series of bespoke, targeted videos and both paid and organic posts the messages reached 41% of the health board population through Cwm Taf UHBs social media pages.





# Y Llwybr Strôc

- ▶ Atal Strôc - Hyrwyddo atal sylfaenol ac eilaidd trwy ymyriad triniaeth a chyngor, i reoli ffordd o fyw a darparu'r ymyriadau cyn-ysbyty priodol.

# The Stroke Pathway

- ▶ Stroke Prevention - Promote primary and secondary prevention through the intervention of treatment and advice to manage lifestyle and provide the appropriate pre-hospital interventions.



# Blaenoriaethau 2016-17

## ▶ 1. Amlygu unigolion â ffibriliad artriaidd (AF).

- ▶ Fe wnaethom gydweithio â thîm y rhaglen Deddf Gofal Gwrthgyfartal (ICL) sy'n targedu poblogaethau â'r lefelau uchaf o amddifadedd, i wella disgwiliad oes ac iechyd y grŵp hwn.
- ▶ Ariannodd y Grŵp Gweithredu ar gyfer Strôc raglen ym Mwrdd Iechyd Prifysgol Caerdydd a'r Fro (prosiect Atal Strôc (Stop a Stroke)), gan ddefnyddio AuditPlus i werthuso'r broses orau i amlygu'r bobl hynny rydym yn gwybod fod ganddynt ffibriliad artriaidd, a sicrhau bod gostwng y risg o strôc yn cael ei optimeiddio yn y grŵp hwn.
- ▶ Mae cytundeb genedlaethol i ddosbarthu'r model wedi'i werthuso hwn yn ystod 2017, a bydd yn cael ei gefnogi ymhellach gan ofal sylfaenol a'r rhwydwaith cardiaidd yn ystod 2018-19, mewn partneriaeth â'r diwydiant fferyllol.



# Priorities 2016-17

## 1. The identification of individuals with atrial fibrillation (AF).

- ▶ We collaborated with the Inverse Care Law (ICL) programme team which targets populations with the highest levels of deprivation to improve life expectancy and health in this group.
- ▶ SIG funded a programme in Cardiff and Vale University Health Board (Stop a Stroke project) using AuditPlus to evaluate the best process for identifying those people known to have AF and to ensure that stroke risk reduction is optimised in that group.
- ▶ There is a national agreement to roll out this evaluated model during 2017 and this will be further supported by primary care and the cardiac network during 2018-19 in partnership with the pharmaceutical industry.



# Y Llwybr Strôc

- ▶ Adnabod Cynnar a Phwl o Isgemia Dros Dro (TIA) - Darparu mynediad cynnar ar ymyriadau ar sail tystiolaeth.



# The Stroke Pathway

- ▶ Early Recognition and Transient Ischaemic Attack (TIA) - Provide early access to evidence based interventions.



# Y Llwybr Strôc

- ▶ Gofal Effeithiol Cyflym – Ar gyfer y rheiny â strôc wedi'i gadarnhau, mynediad cyflym at ymyriadau ar sail tystiolaeth, triniaethau a gofal yn yr ysbyty a'r ward mwyaf priodol.



# The Stroke Pathway

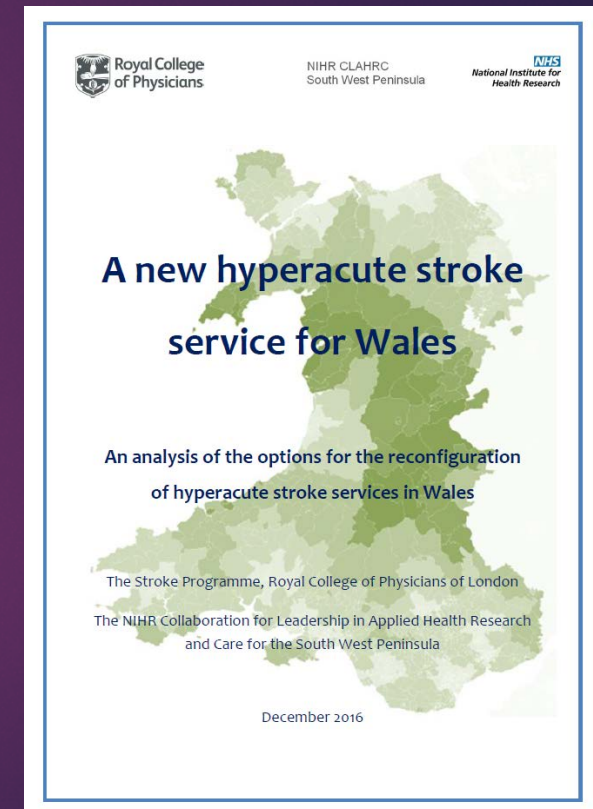
- ▶ Fast Effective Care - For those with confirmed stroke, rapid access to evidence based interventions, treatments and care in the most appropriate hospital and ward.



# Blaenoriaethau 2016-17

## 2. Ailffurfio gwasanaethau strôc yng Nghymru, gan gynnwys datblygu Gwasanaethau Hyper-Acíwt (HASU) yng Nghymru.

- ▶ Mae'r adroddiad a gomisiynwyd gan y Grŵp Gweithredu ar gyfer Strôc, ac a gyflawnwyd gan Goleg Brenhinol y Meddygon a PenCHORD, ac a gyhoeddwyd ym mis Rhagfyr 2016, wedi cael ei ystyried gan Brif Swyddogion Gweithredol byrddau iechyd.
- ▶ Fe wnaeth arweinydd clinigol y Grŵp Gweithredu ar gyfer Strôc gyfarfod â grŵp gwella strôc pob bwrdd iechyd i drafod cynnwys adroddiad RCP PenCHORD

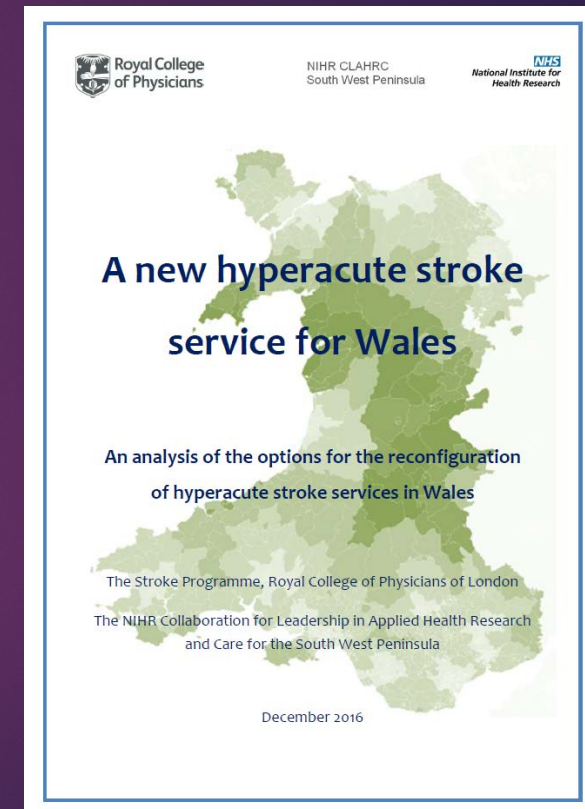




# Priorities 2016-17

## 2. Reconfiguration of stroke services in Wales including the development of Hyper-Acute Services (HASU) in Wales.

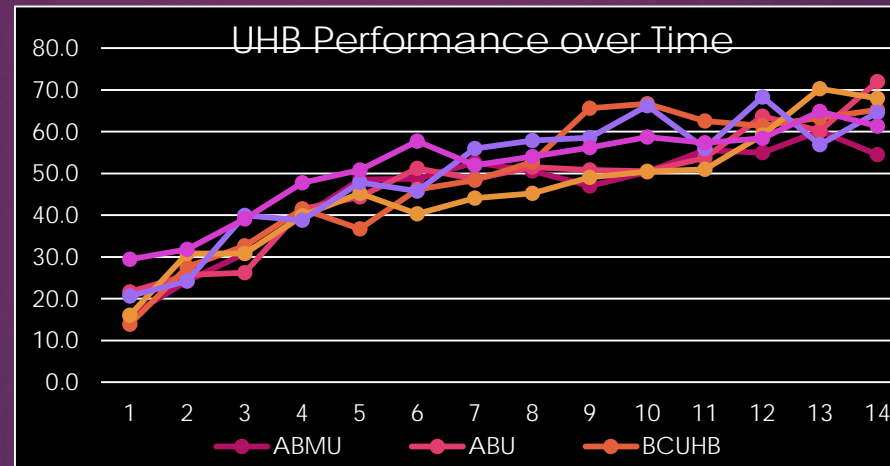
- ▶ The report commissioned by SIG and undertaken by the Royal College of Physicians and the PenCHORD published December 2016 has been considered by health board Chief Executive Officers.
- ▶ The SIG clinical lead met with every health board stroke improvement group to discuss the contents of the RCP PenCHORD report





# Blaenoriaethau 2016-17

- ▶ Mae perfformiad yn erbyn mesurau SSNAP wedi gwella. Ym mis Medi 2017, roedd gan Gymru bedair uned yn cyflawni gradd B ar gyfer gofal strôc cyffredinol.

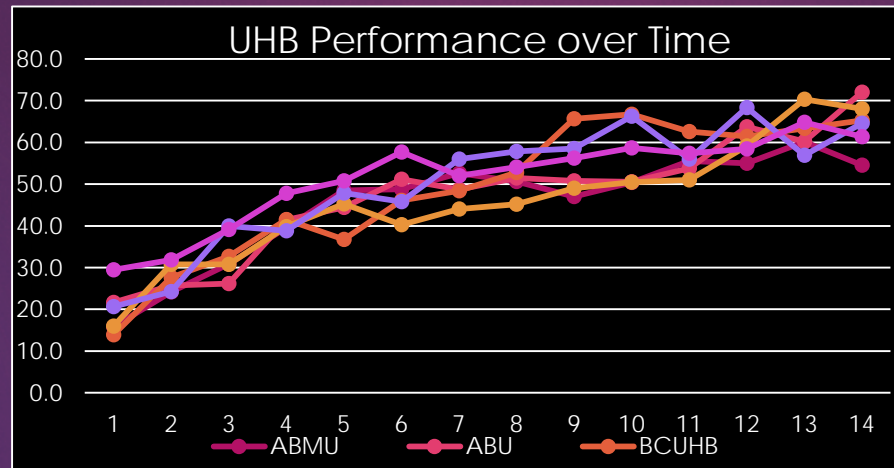


- ▶ Wrth ystyried ailffurfio gwasanaethau yng Nghymru, ar ôl 17 rownd o archwiliadau parhaus, awgrymir bod angen newid sut a ble rydym ni'n darparu gofal strôc (hyper-aciwt trwy adfer yn y gymuned), i wneud gwelliannau cyson.



# Priorities 2016-17

- ▶ Performance against the SSNAP measures has improved. In September 2017, Wales now has four units achieving a B grade for overall stroke care.



- ▶ When considering the re-configuration of services in Wales, after 17 rounds of continuous audit, suggests that a change in how and where we provide stroke care (hyperacute through to community rehabilitation) is needed to make consistent improvements.



# Y Llwybr Strôc

- ▶ Adfer, Gwella, a Bywyd ar ôl Strôc - Adnabod a mynd i'r afael ag effeithiau hyd oes strôc ar y claf, ei deulu a'i ofalwyr, a darparu'r swm cywir o therapi, gan y therapyddion cywir, yn yr amgylchedd cywir, ysbyty aciwt, ysbyty cymunedol neu gartref.



# The Stroke Pathway

- ▶ Rehabilitation, Recovery and Life after Stroke -  
Recognising and addressing the lifelong effects of stroke on the patient and their family and carers and providing the right amount of therapy from the right therapists in the environment, acute hospital, community hospital or home.



# Blaenoriaethau 2016-17

## 3. Adfer yn y gymuned

- ▶ Mae'r Grŵp Gweithredu ar gyfer Strôc wedi gweithio gyda'r grŵp gweithredu niwroleg i gynorthwyo datblygu adfer niwro yn y gymuned. Mae hyn yn cynnwys gwasanaeth niwro cymunedol newydd ym Merthyr Tudful, a ddechreuodd asesiadau ym mis Ionawr 2017 ar gyfer dalgylch Bwrdd Iechyd Prifysgol Cwm Taf. Mae'r gwasanaeth wedi derbyn dros 105 o gyfeiriadau ers diwedd mis Ionawr 2017.



# Priorities 2016-17

## 3. Community rehabilitation

- ▶ SIG has worked with the neurology implementation group to support the development of community neuro rehabilitation. This includes a new community neuro service based in Merthyr Tydfil that commenced assessments in January 2017 for the catchment area of Cwm Taf University Health Board. The service has received over 105 referrals since the end of January 2017.



# Blaenoriaethau 2016-17

- ▶ Mae adnodd newydd, 'Ailadeiladu eich Bywyd ar ôl Strôc' wedi cael ei ddatblygu gyda goroeswyr strôc, mewn partneriaeth â seicolegwyr o Fyrddau Iechyd Prifysgol Caerdydd a'r Fro, a gyda chymorth Prifysgol Caerdydd.





# Priorities 2016-17

- ▶ A new resource 'Rebuilding Your Life After Stroke' has been developed with stroke survivors in partnership with psychologists from Cardiff and Vale and Cwm Taf University Health Boards and supported by Cardiff University.





# Y Llwybr Strôc

- ▶ Gofal Diwedd Oes – Cydnabod bod strôc yn ddigwyddiad angheuol i rai dioddefwyr, a sicrhau ein bod ni'n darparu'r gofal lliniarol gorau ar gyfer ein cleifion, a'r cymorth gorau i deulu a ffrindiau ar yr adeg hon.



# The Stroke Pathway

- ▶ End of Life Care - Recognising that stroke is a fatal event for some victims and ensuring that we provide the best palliative care for our patients and the best support to family and friends at this time.

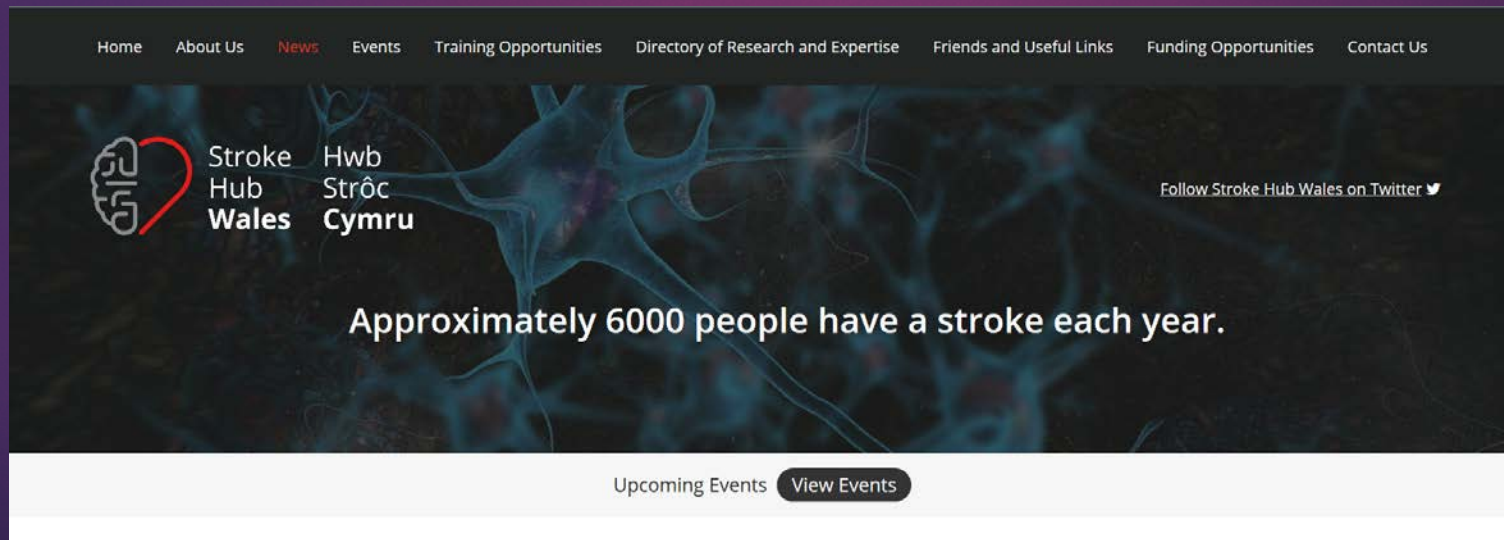


# Blaenoriaeth 2016-17

## 4. Datblygu seilwaith ymchwil strôc/rhwydwaith strôc yng Nghymru.

- ▶ Trwy gydweithio â Phrifysgol Metropolitan Caerdydd, sefydlwyd hwb ymchwil strôc yn y brifysgol. Agorwyd yr hwb hwn yn ffurfiol ar 9 Tachwedd 2017.

<http://stroke.wales/news/>

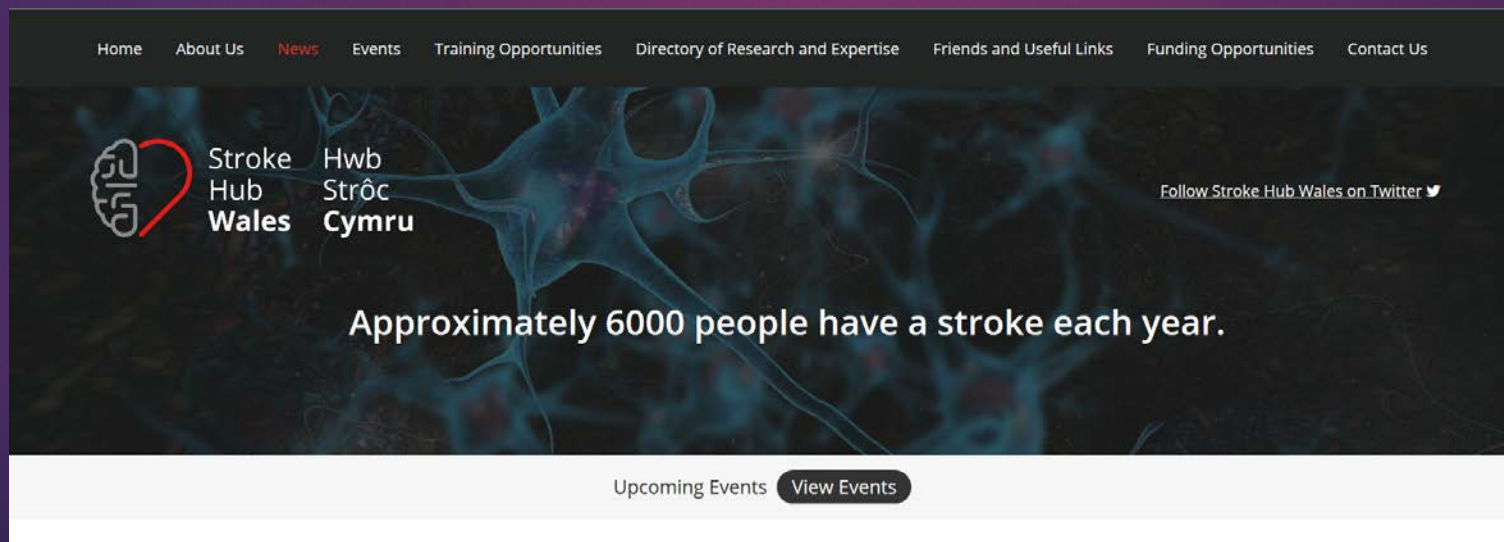




# Priorities 2016-17

## 4. Development of a stroke research infrastructure/network for stroke in Wales.

- ▶ Joint work with Cardiff Metropolitan University has established a stroke research hub based at the university. This hub was formally opened on the 9<sup>th</sup> of November 2017. <http://stroke.wales/news/>





# Blaenoriaethau 2016-17

## 5. Datblygu ac ymateb i brofiad cleifion a mesurau deilliannau.

- ▶ Roedd angen llwybr academaidd i ddilysu mesurau deilliannau a adroddwyd gan gleifion ar gyfer strôc, ar draws cyflyrau niwrolegol a strôc, mewn amrywiaeth o leoliadau. Mae'r gwaith hwn yn agosáu at gael ei gwblhau (i fod i ddod i ben ym mis Rhagfyr 2017) a hwn fydd y mesurau deilliannau a adroddwyd gan gleifion strôc a niwrolegol cyntaf.
- ▶ Ar ôl gorffen casglu a dadansoddi data; os bydd deilliannau'r ymchwil yn caniatáu, bydd gennym ni ddealltwriaeth glir o hoffterau pobl ar gyfer holiadur felly, a dull o asesu statws iechyd a adroddwyd gan gleifion ymhlith cleifion â chyflyrau niwrolegol a strôc



# Priorities 2016-17

## 5. Developing and responding to patient experience and outcome measures.

- ▶ An academic route was needed to validate the patient reported outcome measure for stroke across stroke and neurological conditions in a variety of settings. This work is nearing completion (due to complete in December 2017) and will be the first joint stroke and neurological patient reported outcome measure in the UK.
- ▶ Once the data collection has been completed and analysed; if the outcome of the research allows, we will have a clear understanding of people's preferences for such a questionnaire and a means of assessing patient reported health status in stroke and neurological conditions patients



# Y Dyfodol

Ar gyfer 2017-18, cytunwyd ar y blaenoriaethau cenedlaethol cenedlaethol:

- ▶ Amlygu unigolion â ffibriliad artriaidd (AF)
- ▶ Ailffurfio gwasanaethau strôc yng Nghymru, gan gynnwys datblygu Gwasanaethau Hyper-Acíwt yng Nghymru (HASU)
- ▶ Adfer yn y gymuned
- ▶ Mewnosod seilwaith ymchwil strôc/rhwydwaith strôc yng Nghymru
- ▶ Datblygu ac ymateb i brofiad cleifion a mesurau deilliannau
- ▶ Rheoli strôc adeg plentyndod
- ▶ Thrombectomi ar gyfer strôc



# The Future

For 2017-18 the following national priorities have been agreed:

- ▶ The identification of individuals with atrial fibrillation (AF)
- ▶ Reconfiguration of stroke services in Wales including the development of Hyper-Acute Services in Wales (HASU)
- ▶ Community rehabilitation.
- ▶ Embedding a stroke research infrastructure/network for stroke in Wales
- ▶ Developing and responding to patient experience and outcome measures
- ▶ The management of childhood stroke
- ▶ Thrombectomy for stroke